

AADTC Foundational Jump Grid Gymnastics Workshop

Presented by Debbie Harrison & Anne Stahl

Event Date: Sunday, June 9, 2024

Event Time: 12:00 – 4:00pm

Event Location: Performance Building

Event Address: Ann Arbor Dog Training, 1575 E. North Territorial Road, Whitmore Lake, Michigan

Event Contact: Maria Rohrer, mariarohrer@yahoo.com

* Indicates required question

Email*

Record my email address with my response

Workshop Description

With jumps being the most frequent obstacle in agility, it is vital to develop and maintain proper jump mechanics. Indeed, dogs are natural jumpers BUT jumping up to 20 obstacles, under handler direction, with tight turns, discriminations and at full speed is a challenge.

Improper jumping mechanics can result in:

- Dropped bars.
- Wide turns.
- Off courses.
- Long course times.
- Injury (short term and/or long term).

This workshop will lead dog/handler teams through a series of jump mechanics grids (from Susan Salo, etc.) to achieve the following benefits for the dog;

- Achieve better jump mechanics:
- Better balance in all aspects of jumping.
- Improved jump approach & take-off from the right spot.
- Learns how & where to land.
- Improved weight shift while jumping.
- Better problem-solving skills including enhanced reading of distances between obstacles.
- Better obstacle focus.
- Better responsiveness to handling cues.
- Better body control at full speed.
- Improved athleticism and less chance of injury.
- Fewer jumping related errors.

Additionally, the handler learns how to recognize jumping issues and apply gymnastic exercises to improve the dog's jumping skills.

Requirements / Equipment

Dogs must be 1+ year old.

Registrant Name*

Your answer

Registrant Email*

Your answer

Dog Breed*

Your answer

Dog Jump Height*

Your answer

Dog's Age (years, must be at least 1 year old)*

Your answer

Describe Dog's Jumping Experience (classes attended, titles?)*

Your answer

Describe Any Particular Jump Issues? *

Your answer

Workshop Spots - 10 Total*

Working Spot - (AADTC Members: \$85 / person / day)

Working Spot - (Non Members: \$95 / person / day)

Audit Spot - Flat Fee \$30 / person / day (Unlimited)

CONFIRMATION: Please wait for spot confirmation via email. Then, you will make payment to "AADTC"

Mail Payment To:

Maria Rohrer

4822 Bryn Mawr Drive

Bloomfield Twp, MI 48301

Questions: Contact mariarohrer@yahoo.com

Your Coaches - Debra Harrison

DOG TRAINING CAREER PROFILE

Over 29 years training, instructing and competing in dog performance events (primarily agility). With a philosophical commitment to relationship value/relationship building, and a goal to build a dog/handler team (with my own dogs and for my students) that is confident, communicative, connected and collaborative (synergized!!!). This is achieved via positive reinforcement training and techniques, coupled with motivation/drive, enthusiasm, consistency, understanding, clarification, and most of all **FUN!!**

Sustained commitment to continuing education in the field, via interaction/learning with world renown canine training, behavioral and fitness professionals/experts to further enhance my skills and knowledge repertoire. To that end have participated in jump based learning opportunities with Susan Salo, Alenka Skrabec, Linda Mecklenburg, Dudley Fontaine (Shumante), Jen Crank, etc.

Your Coaches - Anne Stahl

By profession, I am a trainer of Elite Performance Horses and their riders. My work required extensive training in the biomechanics of equine locomotion, both on the flat and jumping, gait analysis, conditioning for improved performance and dynamic strength training. The use of cavaletti and jump grids is a mainstay of this type of performance.

The canine athlete does not differ dramatically from the equine athlete and to improve jumping effort and biomechanics we can transfer the lessons learned from horses to dogs. My background allows me to observe the gait and jumping efforts of a dog and to create stride regulator grids that would best develop their jumping skills, including, proper take-off position, collection and extension, symmetrical jumping ability and the skills of bending and turning on the flat and over the jump. And as Susan Salo states, the same systematic gymnastic training applies equally well to the dog. I have studied this jump grid work for dogs with Susan, Alenka Scrabec and Dogs4Motion Academy and have been able to transfer my knowledge and eye from the horse to the dog.

Canine Jump / Grid Education:

3 Day Clinics and one-on-one instruction with Susan Salo, Wisconsin

Courses with Alenka Skrabec, "Jumping for Joy", "Entering into Collection", and "Mastering In and Out"

Courses with Kathy Keats, "Train to Excel", "Momentum Habit" "Improve Collection"